



My Health is *Hot*

How hot are you?

HIV is most easily transmitted during the first couple of months after infection

- » As many as half of new transmissions happen during this time, before the virus is detectable.
- » Knowing your HIV status is hot. Being tested for HIV regularly should be a part of your active and healthy sex life.
- » Today, treatment can prevent the spread of HIV to your partners with as little as one pill a day.

Find out more about
HIV and where to get
confidential testing at:



Call for confidential
information on how to
obtain free testing:

MyHealthisSexy.com

1-866-778-7736



Interior Health
Every person matters